

FROM COVID TO LIGHT

*'The one who has hope lives differently; the one who hopes
has been granted the gift of a new life.'*

– Pope Emeritus Benedict XVI

This year we invite you to **TAKE ON** a Lenten discipline and join us each Tuesday evening during lent as we gather as a Christian community in prayer and reflection based on different themes each week. The goal of these spiritual disciplines is to strengthen our faith as a faith filled community and to develop a closer relationship with God.

For Western Christianity, Ash Wednesday marks the first day, or the start of the season of Lent. Which begins 40 days prior to Easter, technically 46, as Sundays are not included in the count. This year we begin our Lenten reflections on **Tuesday 23rd February**.

This Lent we are inviting you to join us along our Lenten journey for 2021. This year's journey reflects from Easter of last year, when Covid was becoming more known, towards this Easter in which, please God, we will have more light and, hopefully, move towards the end of this pandemic.

Each of our Talks are themed, based on the Gospel of the previous Sunday, in light of Covid. The Guest speaker will reflect on the theme from their own context in light of their vocation and faith, but also in light of the Hope of this Easter and our journey through Covid, now that we have a vaccine to aid the control of this virus.

There will also be an opportunity for some prayer and questions during the evening. During this question time we, as a Christian community, can reflect on either the Talk or the Scripture of the previous week.

So, **THIS LENT, make that commitment** to spend an hour on a Tuesday evening to engage with our Christian faith in the Light of Easter and through the lens of the hope which Easter brings as we continue our earthly journey fighting against Covid.